

Date/Time	Activity	Location
Friday, June 2nd		
1pm - 3pm	XTERRA Deuces Wild Course talk and pre-ride	FHLRA – Meadowlark Ramada
2pm - 7pm	Packet Pick-up/Registration – all races	FHLRA – Bluebird Ramada
2pm - 7pm	TriSports Store Open	FHLRA – Bluebird Ramada
4:00pm - 4:30pm	XTERRA Pre-Race Meeting	FHLRA - Meadowlark Ramada
Saturday, June 3rd		
5:00am	Transition Opens	FHLRA
5:30am - 6:30am	Late packet pick-up (XTERRA only) - NO Race Registration	FHLRA – Transition Area
6:45am	XTERRA Transition Area closes	FHLRA
7:00am	XTERRA - Wave 1 Start (Men & Relays)	FHLRA – West Boat Ramp
7:04am	XTERRA - Wave 2 Start (Women)	FHLRA – West Boat Ramp
7:45am	XTERRA Swim Course closes	FHLRA
9:30am - 12:00pm	Lunch	FHLRA - Meadowlark Ramada
10:30am	XTERRA Bike Course closes	FHLRA
11:00am	XTERRA Deuces Wild Awards & Raffle	FHLRA - Meadowlark Ramada
12:30pm	XTERRA Run Course closes	FHLRA
2:00pm	Youth Triathlon - Wave 1 Start (Ages 5-8)	FHLRA – West Boat Ramp
2:20pm	Youth Triathlon - Wave 2 Start (Ages 9-12)	FHLRA – West Boat Ramp

2:40pm	Youth Triathlon - Wave 2 Start (Ages 13-15)	FHLRA – West Boat Ramp
3:30pm	Youth Awards	FHLRA - Meadowlark Ramada
1pm - 6pm	Packet Pick-up/Registration	FHLRA – Bluebird Ramada
1pm - 6pm	TriSports Store open	FHLRA – Bluebird Ramada
4:00pm - 4:45pm	DeuceMan & Olympic Pre-race Meeting	FHLRA - Bluebird Ramada
Sunday, June 4th		
5:00am	Transition Opens	FHLRA
5:30am - 7:30am	Late packet pick-up - NO Race Registration	FHLRA – Transition Area
6:15am	DeuceMan Transition Area closes	FHLRA
6:30am	DeuceMan - Wave 1 Start (Men & Relays)	FHLRA – West Boat Ramp
6:34am	DeuceMan - Wave 2 Start (Women)	FHLRA – West Boat Ramp
7:45am	DeuceMan Swim Course closes	FHLRA
7:45am	Olympic Transition Area closes	FHLRA
8:00am	Olympic - Wave 1 Start (Men & Relays)	FHLRA – West Boat Ramp
8:04am	Olympic - Wave 2 Start (Women)	FHLRA – West Boat Ramp
9:15am	Olympic Swim Course closes	FHLRA
10:30am – 2:30pm	Lunch	FHLRA - Meadowlark Ramada
12:00pm	DeuceMan & Olympic Bike Courses close	FHLRA
2:30pm	DeuceMan & Olympic Awards & Raffle	FHLRA - Meadowlark Ramada

3:30pm	DeuceMan & Olympic Run Courses close	FHLRA
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